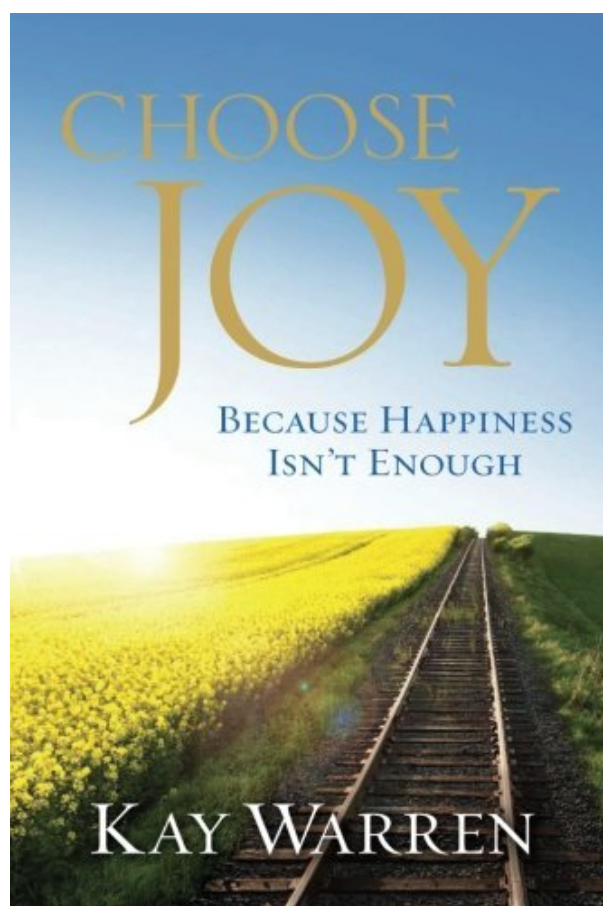
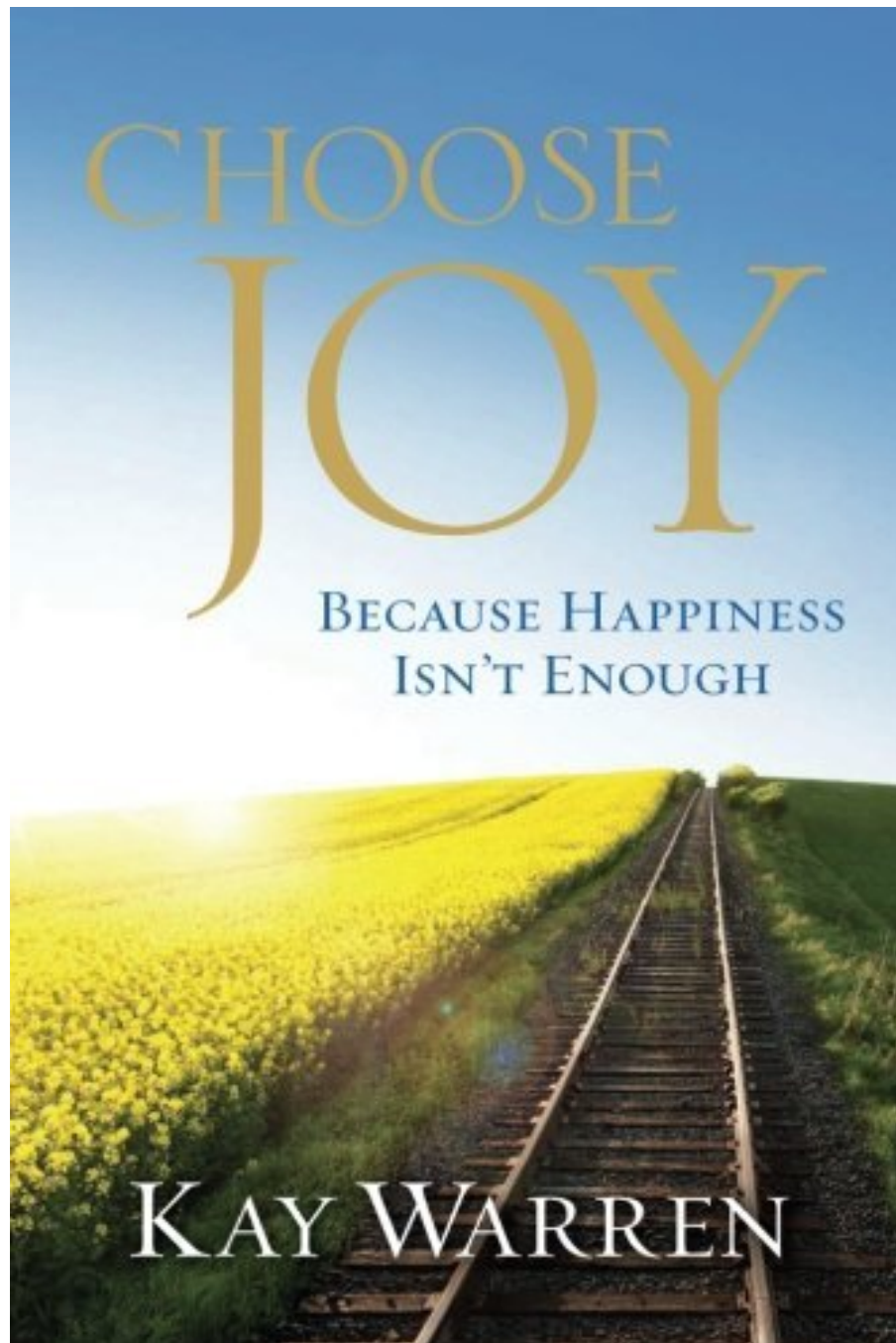


CHOOSE JOY: BECAUSE HAPPINESS ISN'T ENOUGH BY KAY WARREN



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As known, book *Choose Joy: Because Happiness Isn't Enough By Kay Warren* is popular as the window to open up the globe, the life, and new point. This is exactly what the people currently need a lot. Also there are lots of people who don't such as reading; it can be a choice as referral. When you really require the methods to produce the following inspirations, book *Choose Joy: Because Happiness Isn't Enough By Kay Warren* will really assist you to the means. Additionally this *Choose Joy: Because Happiness Isn't Enough By Kay Warren*, you will certainly have no remorse to get it.

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I'm engaged!

I've been hired!

I'm having a baby!

I'm cancer-free!

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Ever wonder why some people seem to experience joy in their daily lives--even in the tough times--and others can't seem to find it no matter how hard they search? Is a joy-filled life really possible?

The answer is yes! And it's possible for every woman, no matter what her circumstances may be. In this inspiring book, Kay Warren teaches women what joy really is, where to find it, and how to choose it in the good times and the bad. With compassion and wisdom, she shows readers--even those who live with the constant companions of discouragement and depression--that true joy is deeper, richer, and more accessible than they might think. Perfect for small groups or individual reading, Choose Joy will empower women who feel like their emotions and well-being are at the mercy of others by helping them understand the life-giving truth that joy is within their grasp--every day.

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Most helpful customer reviews

43 of 43 people found the following review helpful.

Thought Provoking Discussion About Joy

By nzfastbunny

Choose Joy by Kay Warren is a book I wasn't sure I would enjoy because I am not a naturally happy, outgoing person and I thought the book would be written by an outgoing woman telling everyone that they should be joyful just like her. However what I discovered as I started listening was that Kay was very similar to me and had encountered more trials than I probably ever will but had chosen to be joyful despite her circumstances.

I loved the chapter focusing on how Jesus was a joyful person because images of Jesus are normally either very timid, emotionless portrayals or images of pain on the day he died. Also the focus on personalities being an excuse for not being joyful was a common opinion that Kay effectively debunked.

This book is written for women and there are a few references to women but all the principles are just as applicable to men. As a man, I found it extremely useful and the fact that being joyful is a choice is something that I intend to practise in the future.

The narration at first I found a bit difficult because Kay has a very strong accent but the further I got into the book the more I got used to it and found it to be quite good. The added advantage of the author, Kay Warren, reading the book is that she knows the tone, emotion and expression that she intended the book to have, making it flow smoothly.

This book was a very interesting and helpful book that I intend to put into practise in my own life to become more joyful despite my circumstances. It is essential reading for people going through trials or just generally lacking in joy.

This audio book was gifted as a part of the christianaudio Reviewers Program in exchange for my unbiased review of this work. More information can be found about this and other Christian audio books at christianaudio.com.

12 of 12 people found the following review helpful.

A book written for women that every man should read!

By Kurt H. Myrmel

This is a book written for women that every man should read. Although Kay Warren wrote this book as an encouragement to women, I think that her studied revelations about how God interacts with us personally on a daily basis are extremely valuable to men and women alike.

I often imagine the author of audio books through the voice of the narrator and in most cases; you can imagine the author through a good narrator but you really don't know if the author actually sounds anything like the narrator. In this case, Kay Warren narrates her own book so we really do get a feeling that we are sitting with the author. She does a great job in the process and I hope that she is an encouragement to other authors to narrate their own books.

It is obvious from this audio book that the author has a strong and dependent relationship with God. A common question by those who do not have a personal relationship with God is "Why would this tragedy happen to me, or to that innocent person." I have attempted to answer that question for several bloggers with very little success. We, as believers have but a tiny understanding of the mind of God and those without a faith in God have little or no understanding of the how and why of God's actions.

Kay does an excellent job explaining how she believes God works in our lives both in the good times and the bad. I appreciated the quote that she used that if we ask "Why me?" in the bad times, we should equally ask the same question when something good happens in our lives.

I was also struck by her admission about a missed opportunity with a neighbor in distress as it reminded me of a business client who was reaching out to me for the peace (from God) that he saw in me. I was too busy to stop and talk and when I went to see him again in six months, he had already passed away. I live with the memory of a missed opportunity but believe that God ultimately determines who else may have had that conversation with this man that I missed. Both Kay's experience and mine reinforce my determination to listen to God's direction when He asks me to have that conversation.

I received this audio book free from christianaudio.com Reviewers Program in exchange for posting a review. I was not required to write a positive review. The opinions I have expressed are my own.

15 of 16 people found the following review helpful.

Choose Joy

By Lollipops

Why are some people--even in the tough times--always filled with joy, while most of us can't seem to find lasting joy no matter how hard we search? Do joy-filled people know something the rest of us don't?

Everyone feels joy in the peaks of life - graduation, engagements, finding a job, having a baby, or being declared cancer-free. But what about in the valleys, when everything is going absolutely wrong. Can you find joy then?

In CHOOSE JOY Kay Warren shares how to find soul-satisfying joy no matter what. Joy is deeper than happiness, lasts longer than excitement, and is more satisfying than pleasure and thrills. Joy comes from God...and it can be yours.

CHOOSE JOY is the first book I've read by Ms. Warren. It is not exactly written in an "across the kitchen table" style, this voice is more teaching than friendly. And the chapters are longer than a typical devotional. Still, if you have about twenty to thirty minutes to spend, like during a lunch hour, it will be good to read. The chapters start with an inspirational quote, go into the story form with personal stories and biblical truths,

then go on to an application, prayer, and reflection questions. You will want to have a notebook handy for notes and to answer the questions, as this book isn't designed to write in.

If you are looking for a book for a small group study then CHOOSE JOY would be a good book to consider. There is a mentor's guide and other curriculum available for this book as well. Excellent for women, men probably wouldn't relate. Recommended for a church library. Further information and discussion can be found at [...].

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